

# Waterloo-Wellington Peer Learning Circle - 5 Whys Worksheet

Define the Problem: Lack of family/caregiver involvement

Why is it happening?

1. Healthcare provider hasn't met the family and therefore hasn't been able to build a relationship with them.

Why's that?

2. Client doesn't want family involved.

Why's that?

3. Client doesn't want to impose on family and be a burden.

Why's that?

4. Client wants to maintain autonomy.

Why's that?

5.

N.B.  
If your last answer is something you cannot control, go back up to the previous answer.  
Cannot be because of a person

**Action:** Give client choice/control over involving the family. E.g. provide an information package to the client which he/she can choose to give to the family.