

## Dates to Remember in 2010

### January

- \* Jan 2010 Alzheimer Awareness Month - [www.alzheimer.ca](http://www.alzheimer.ca)
- \* Jan 2010 Ontario March of Dimes Month - [www.marchofdimes.ca/dimes](http://www.marchofdimes.ca/dimes)

### February

- \* Feb 2010 Heart & Stroke Month - [www.heartandstroke.com](http://www.heartandstroke.com)
- \* Feb 2010/1<sup>st</sup> wk National Eating Disorder - [www.nedic.ca](http://www.nedic.ca)

### March

- \* Mar 2010 National Colorectal Cancer Awareness Month - [www.colorectal-cancer.ca](http://www.colorectal-cancer.ca)
- \* Mar 2010 Kidney Month - Kidney Foundation of Canada - [www.kidney.ca](http://www.kidney.ca)
- \* Mar 2010 Liver Disease Month - Canadian Liver Foundation - [www.liver.ca](http://www.liver.ca)
- \* Mar 2010 National Nutrition Month - [www.dietitians.ca](http://www.dietitians.ca)
- \* Mar 2010 Red Cross Month - [www.redcross.ca](http://www.redcross.ca)

### April

- \* April 2010 Cancer Month - [www.cancer.ca](http://www.cancer.ca)
- \* April 2010 Autism Awareness Month - [www.autismsocietycanada.ca](http://www.autismsocietycanada.ca)
- \* April 2010 IBS – Irritable Bowel Syndrome - [www.badgut.com](http://www.badgut.com)
- \* April 2010 Parkinson Awareness Month - [www.parkinson.ca](http://www.parkinson.ca)
- \* April 7, 2010 World Health Day - <http://www.who.int/en>
- \* April 19-23/3<sup>rd</sup> wk National Volunteer Week - <http://volunteer.ca>
- \* April 18-25 2010 National Organ Donor Awareness Week - [www.transplant.ca](http://www.transplant.ca)

### May

- \* May 2010 Asthma Awareness Month - [www.asthma.ca/adults](http://www.asthma.ca/adults)
- \* May 2010 Hearing & Speech-Language Awareness Month - [www.caslpa.ca](http://www.caslpa.ca)
- \* May 2010 Blood Pressure Month - [www.heartandstroke.on.ca](http://www.heartandstroke.on.ca)
- \* May 2010 Community Living Month - [www.communitylivingontario.ca](http://www.communitylivingontario.ca)
- \* May 2010 MS Awareness Month - [www.mssociety.ca/en/default.htm](http://www.mssociety.ca/en/default.htm)
- \* May 3-7 2010/1<sup>st</sup> wk Hospice Palliative Care Week - [www.hospicecare.com](http://www.hospicecare.com)
- \* May 3-7 2010/1<sup>st</sup> wk National Mental Health Week - [www.cmha.ca/bins/index.asp](http://www.cmha.ca/bins/index.asp)
- \* May 3-7 2010/1<sup>st</sup> wk Emergency Preparedness Week - <http://www.getprepared.gc.ca>
- \* May 2010/2<sup>nd</sup> wk Esophageal Cancer Awareness – [www.convio.cancer.ca](http://www.convio.cancer.ca)
- \* May 8, 2010 World Red Cross Day - [www.redcross.ca](http://www.redcross.ca)
- \* May 2010/3<sup>rd</sup> wk National VON (Victorian Order of Nurses) Week - [www.von.ca](http://www.von.ca)
- \* May 12, 2010 Canada Health Day, Canadian Public Health Association - [www.cpha.ca](http://www.cpha.ca)
- \* May 12, 2010 International Nurses Day - [www.cna-nurses.ca/cna](http://www.cna-nurses.ca/cna)

## June

- \* June 2010 Seniors Month - [www.culture.gov.on.ca/seniors](http://www.culture.gov.on.ca/seniors)
- \* June 2010 Brain Injury Awareness Month - [www.biac-aclc.ca](http://www.biac-aclc.ca)
- \* June 2010 ALS Awareness Month - <http://www.als.ca>
- \* June 2010 Deaf-Blind Awareness Month - <http://www.chkc.org>
- \* June 2010 Thyroid Awareness Month - [www.thryvors.org](http://www.thryvors.org)
- \* June 14, 2010 World Blood Donor Day - [www.wbdd.org](http://www.wbdd.org)

## September

- \* Sept 2010 Arthritis Month - [www.arthritis.ca](http://www.arthritis.ca)
- \* Sept 18, 2010 Alzheimer Coffee Break Day - [www.alzheimer.ca](http://www.alzheimer.ca)
- \* Sept 21, 2010 World Alzheimer's Day - [www.alzheimer.ca](http://www.alzheimer.ca)
- \* Sept 2010 Muscular Dystrophy Month - [www.muscle.ca](http://www.muscle.ca)
- \* Sept 2010/3<sup>rd</sup> wk National Prostate Cancer Awareness Week - [www.prostatecancer.ca](http://www.prostatecancer.ca)

## October

- \* Oct 2010 Brain Tumour Awareness Month - [www.braintumour.ca](http://www.braintumour.ca)
- \* Oct 2010 Community Living Awareness Month - [www.communitylivingontario.ca](http://www.communitylivingontario.ca)
- \* Oct 2010 Lupus Awareness Month - [www.lupuscanada.org](http://www.lupuscanada.org)
- \* Oct 1, 2010 International Day for Older Persons - [www.un.org](http://www.un.org)
- \* Oct 2010 **Community Support Month** - [www.ocsa.on.ca](http://www.ocsa.on.ca)
- \* Oct 6, 2010/1<sup>st</sup> Wed **Congregate Dining Day** - [www.ocsa.on.ca](http://www.ocsa.on.ca)
- \* Oct 13, 2010/2<sup>nd</sup> Wed **Client Intervention and Assistance (CIA) Service Day** - [www.ocsa.on.ca](http://www.ocsa.on.ca)
- \* Oct 4-8 2010/1<sup>st</sup> wk **Meals on Wheels Week** - [www.ocsa.on.ca](http://www.ocsa.on.ca)
- \* Oct 4, 2010/1<sup>st</sup> Mon **Respite Service Day** - [www.ocsa.on.ca](http://www.ocsa.on.ca)
- \* Oct 11-15 2010/2<sup>nd</sup> wk **Community Care Worker Week (PSW)** - [www.ocsa.on.ca](http://www.ocsa.on.ca)
- \* Oct 11, 2010/2<sup>nd</sup> Mon **Transportation Service Day** - [www.ocsa.on.ca](http://www.ocsa.on.ca)
- \* Oct 18-22 2010/3<sup>rd</sup> wk **Adult Day Program Week** - [www.ocsa.on.ca](http://www.ocsa.on.ca)
- \* Oct 18-21 2010 **OCSA Annual Conference** - [www.ocsa.on.ca](http://www.ocsa.on.ca)
- \* Oct 1, 2010/1<sup>st</sup> Friday **Supportive Housing Day** - [www.ocsa.on.ca](http://www.ocsa.on.ca)
- \* Oct 8, 2010/2<sup>nd</sup> Friday **Friendly Visiting/Telephone Reassurance Service Day** - [www.ocsa.on.ca](http://www.ocsa.on.ca)
- \* Oct 15, 2010/3<sup>rd</sup> Friday **Home Help/Maintenance Service Day**; [www.ocsa.on.ca](http://www.ocsa.on.ca)
- \* Oct 26, 2010 **Attendant Services Day** - [www.ocsa.on.ca](http://www.ocsa.on.ca)
- \* Oct 28, 2010 **Home at Last Day** - [www.ocsa.on.ca](http://www.ocsa.on.ca)

## November

- \* Nov 2010 Diabetes Month - [www.diabetes.ca](http://www.diabetes.ca)
- \* Nov 2010 Osteoporosis Month - [www.osteoporosis.ca](http://www.osteoporosis.ca)
- \* Nov 2010 Cardio Pulmonary Resuscitation Awareness Month - [www.heartandstroke.on.ca](http://www.heartandstroke.on.ca)
- \* Nov 2010 Crohn's Disease and Colitis Awareness Month - [www.ccfc.ca](http://www.ccfc.ca)
- \* Nov 2010/2<sup>nd</sup> wk National Seniors' Safety Week - [www.safety-council.org](http://www.safety-council.org)
- \* Nov 2010/2<sup>nd</sup> wk Veterans Week - [www.vac-acc.gc.ca](http://www.vac-acc.gc.ca)

## December

- \* Dec 3, 2010 United Nations International Day of Disabled Persons - [www.un.org](http://www.un.org)
- \* Dec 5, 2010 International Volunteer Day - [www.un.org](http://www.un.org)