

A BEST PRACTICES WORKSHOP ON STROKE CARE

Tips and Tools for Everyday Living: A Guide for Stroke Caregivers

Cognition, Perception, Behaviour: What are the “invisible barriers” that affect a stroke survivor’s behaviour and ability to function? What strategies can you use to help them?

Feeding and Swallowing: How can meal times be safe and enjoyable for stroke survivors? Learn strategies to maximize safety and independence.

Communication: More Than Just Words. In what ways can stroke impact the ability to speak and understand? How can you make communication easier and reduce the frustration for stroke survivors?

Mobility: How does stroke affect the person’s ability to move and transfer? Learn how you can help.

Education Certificates will be awarded for attendance.

When: May 3rd, 2006

Location: Betty Cardno Centre, Clinton

Cost: FREE! Made available with support from the Ministry of Health & Long-Term Care and Huron Perth District Stroke Centre.

To register: Ann Wilson, Secretary Midwestern Adult Day Services

Phone: 482-7800

aw.daycentres@hurontel.on.ca

Name: _____

Discipline/Specialty _____

Organization: _____

Contact Number: _____

e-mail: _____

Please register by April 28th

Agenda

Tips and Tools Training – May 3rd, 2006 Bette-Cardno Centre, Clinton

Time	Topic	Presenter
0800 - 0815	<ul style="list-style-type: none"> • Registration/Coffee 	
0815 - 0845	<ul style="list-style-type: none"> • Welcome • Review of Agenda • Anatomy and physiology of stroke 	Saralyn Lichty
0845 - 1015	<ul style="list-style-type: none"> • Communication 	Finola McGuinty (SLP)
1015 – 1030	<ul style="list-style-type: none"> • BREAK 	
1030 - 1200	<ul style="list-style-type: none"> • Feeding and Swallowing 	Finola McGuinty (SLP)
1200 – 1230	<ul style="list-style-type: none"> • LUNCH 	
1230 – 1400	<ul style="list-style-type: none"> • Cognition, Perception, Behaviour 	Ann Marie Lappano (OT)
1400 – 1415	<ul style="list-style-type: none"> • BREAK 	
1415 – 1545	<ul style="list-style-type: none"> • Mobility 	Gloria Strathdee (PT)
1545 – 1600	<ul style="list-style-type: none"> • Wrap-up & Evaluation 	Saralyn Lichty